Editorial: Transition

This edition of the *Irish Journal of Occupational Therapy (IJOT)* marks the retirement of our Editor-in-Chief, Dr Carol Hills. A huge thankyou to Carol for all her work with *IJOT* and wishing her a happy, healthy and occupation-filled retirement. Vol 50 issue 2 is slightly smaller than normal due to our handover and regrouping of the editorial board. Nevertheless, this issue represents contemporary Occupational Therapy's many facets, including the occupation of dating, recovery and psychosis and the ever-expanding area of tele-health. We will shortly commence the recruitment of a new editor and look forward to announcing the successful appointee. If you are interested in getting involved with *IJOT* in any way, please contact us: ijot@aoti.ie.

As Carol transitions to retirement and the IJOT transitions into its next phase, I am reminded of all the important work Occupational Therapists carry out in relation to supporting life transitions. From cradle to grave, our life course is demarcated by periods of transitions and rites of passage to the next phase or stage. Occupational Therapists can support these transitions, particularly in circumstances where the transition may be challenging, or supports are required to negotiate the next phase. Examples include supporting school transitions for autistic students (Cremin et al., 2017), guiding the work-toretirement transition (Eagers et al., 2022), negotiating the transition to work for people with Intellectual Disability (Jaegers et al., 2020) or interventions to support the transition out of homelessness (Marshall et al., 2021) to name but a few.

In a fascinating paper in the *British Journal of Occupational Therapy*, Blair (2000) presents transition theory through the lens of Occupational Science. Her work reports on the exciting potential for research in Occupational Science to contribute to further understanding of the complexity of

transitions. But most importantly the centrality of occupation to life transitions.

Best of Luck Carol!!

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Further reading

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