

## INDEX

- Acceptance, 102, 105–106  
    and ambivalence,  
        235–236  
    face, 63  
    surprise and, 106–107  
    women on appearance,  
        65–66
- After Ninety* (1977), 229
- Age  
    appropriate, 243–244  
    coding, 137  
    limits, 137  
    and vivid beauty,  
        229–230  
    *See also* Aging
- Ageism and appearance, 189
- ‘Ageless Style,’ 31
- Age-related change, 142
- Aging  
    appearance, 100–102,  
        128–129, 149, 190  
    change and successful,  
        234–235  
    comparative differences,  
        110–112  
    continuity and perspective,  
        120–121  
    cosmetics and, 51, 89  
    face acceptance, 63  
    faces, 188  
    familial sense of, 112  
    gracefully/disgracefully, 51  
    marker, 109  
    media images of, 191  
    overshadows gender, 105  
    sign of, 116  
    skin, 122–123, 164  
    societal expectations for,  
        139  
    and time, 104  
    *See also* Reflection of  
        aging
- Aging beauty, 202–203, 207  
    physical features, 203
- Aging-embodied changes, 49
- Aliveness, 131, 200, 205,  
    207–208, 212
- Allure* magazine, 248
- Ambivalence  
    acceptance and, 105, 132,  
        236  
    aging identity, 145  
    passion for life, 235–236
- American Beauty*, 40
- Ancient mirrors, 32
- Androgenetic alopecia,  
    115–116
- Animation  
    and cartoons, stereotyping,  
        28–29  
    eyes, and juiciness,  
        211–212
- Anti-aging cosmetics, 57
- Anti-aging procedures, 49

- Appearance, 2–3, 26, 105  
 ageism and, 189  
 aging, 100–102, 106, 115, 128–129  
 beauty, 13, 136  
 cultural notions of, 39  
 health monitoring, 156  
 and identity, 122  
 morality and, 51  
 race and ethnicity, 107  
 research, 52–53  
 time, 104  
 women, 45
- Appearance of beauty  
 aging appearance, 190  
 animation, eyes, and juiciness, 211–212  
 arrivedness and zest, 199–200  
 beauty of youth, 194–199  
 engagement with the world, 204  
 exotic, 191–194  
 glow, light, and warmth, 206–208  
 joy and enjoy, 210  
 lifetime habits, 219–225  
 men are rugged, 202  
 radiance, 205–206  
 relational beauty  
 changing priorities, 212–213  
 face you want to return to, 217–219  
 meaning and connection, 213–215  
 shared history, 215–217  
 research, 189–190  
 standards, 203  
 style and kind eyes, 200–202  
 vital life, presence, and luster, 208–210  
 women are beautiful, 202
- Aristocracy, 42  
 Asceticism, 42  
 Assumption and becoming, passion for life, 246–247
- Athleticism, 41  
 Attendant vulnerabilities, 188  
 Attitudes toward death, 171  
 Attractiveness, 3, 188
- Baby Boomers, Time and Aging Bodies* (2016), 4
- Baldness, 115–118  
 Beautification, 46, 74, 92, 100–101, 227  
 Beautiful everyday people, 3  
 Beauty, 3  
 animation, eyes and juiciness, 211–212  
 appearance research, 52–53  
 art and renaissance, 55–57  
 cosmetics and fading beauty, 57  
 engagement with world, 204  
 fountain of youth, 57–58  
 glow, light and warmth, 206–208  
 Greek and Judeo-Christian notions and definitions, 54–55  
 humanism and, 54  
 joy and enjoy, 210  
 mortality and, 57–58

- neuroscience, 53–54
- and passion for life, 247
- radiance, 205–206
- and relationships, 213–215
- routines, 50–51
- vital life, presence, and luster, 208–210
- Western cultural constructions, 54
- work, 49–50
- The Beauty Myth*, 45
- Beauty of youth
  - age and beauty, 195
  - attraction, 195–197
  - quality of youth, 195
  - visual perspective, 197–199
  - young faces, aesthetics of, 195
- Beauvoir, 47
- Behavioral repercussions, 27
- Black hair care, 85–86
- Body, living with mortality, 173–174
- Boomers
  - adolescence and memory, importance, 5–6
  - beyond, 10–11
  - birth rates, times, and marketing, 7
  - context, faces, and influencers, 5
  - first wave of the postwar generation, 6
  - influence on generation, 8
- A Bowl of Roses* (2016), 156
- Camera
  - Eastman Kodak Brownie box camera, 37
  - eyes of, 38–39
  - history, 36–38
- Celebrity
  - culture, 30–31
  - marketing endorsements, 31
- Character, habitual faces, 224–225
- Cliché, 205, 212–213
- Clothing
  - gender- and youth-specific, 41–42
  - and visibility, 140–141
- Commonality and generation, 234
- Confidence, 63, 92, 100, 238–239
- Corporate culture, 18–19
- Corporatism and the media police, 242–243
- Cosmetic(s), 80
  - and fading beauty, 57
  - interventions, 108
  - medical procedures, 228
  - practices, invasive or non-invasive, 31
  - surgery, 50, 108
  - tycoons, 36
  - use, 148
- Crisis of masculinity, 41, 241
- Cultural legacy, 249
- Cultural reference, 102
- Cypher, 126
- Daguerreotype, 36–37
- Daguerreotypist, 37
- Death
  - and beauty, 231–232
  - within the family
    - bonus round, 179–180
    - child, 177–178
    - parents, 175–177
  - masks, 183–184
  - photos, 172–173

- Degree of reticence, 147–148  
 Dementia films, 30  
*Dictionary of Untranslatables*  
 (2014), 52  
 Disappointments in life,  
     habitual faces, 223  
 Disney animated films, 29  
 Dressing up, men appearance,  
     99–100  
 Dry skin, aging, 88  
  
 Eastman Kodak Brownie box  
     camera, 37  
 Embodied manifestation, 13  
 Embodiment, 13  
 Embrace, 66  
 Emotion, habitual faces, 219  
 Emotional priorities, 213  
 Emotional strength, 100  
 Energy of youth, 188  
 Engagement with world, 204  
 Error of perception,  
     230–231  
 Errors, in beauty recognition,  
     230  
 Etched into/on skin, habitual  
     faces, 220  
 Exceptionalism, 41  
 Expectations, 14, 27, 139,  
     154, 188, 234  
 External expression, 63  
  
 Face, 25–26  
     features and warmth,  
         207–208  
     wrinkles, 191  
 Facial appearance, 27, 40,  
     131–132, 201, 206  
     and health, 159–160  
 Facial femininity, 189  
*Facing Beauty*, 50  
 Facing photos, 70–76  
  
 Fading beauty, 57  
 Female beauty, 39  
 Feminine beauty, 126  
 Feminism, 40  
 Feminists, 47  
*Fight Club*, 41  
 Foppery, 42  
*Fortune*, 43, 122  
 Fountain of youth, 57–58  
 Fragile life, 180–182  
 Frailty, 45, 158–159  
  
 Gender, 39  
     and vanity, 241–242  
     and visibility, 141  
 Gentry, 42  
 Glass mirrors, 33  
 Glossy black hair, 82–83  
 Glows, aging face, 231  
 Google, 248  
 Grace, 55  
 Grandfathering, 44  
 “Great Renunciation,” 42  
 Grimness, habitual faces,  
     222–223  
 Grooming, 123  
     hygiene, 238  
     products, 122  
 Group, visibility in, 143  
 Growing old together,  
     men appearance,  
     113–114  
  
 Habitual faces  
     character, 224–225  
     disappointments in life,  
         223  
     emotion, 219  
     etched into/on skin, 220  
     grimness, 222–223  
     hardship, 221–222  
     life, 223–224

- life/experience, 221
- lived in faces, 219–220
- old faces *vs.* young faces, 220–221
- smiles lines, 224
- worry, 222
- Hair
  - black hair care, 85–86
  - color, 118
  - glossy black hair, 82–83
  - history, 118–119
  - loss, 116, 236–237
  - men on appearance, 115–119
  - and passion for life, 236–237
  - straightening techniques, 80
  - thinning, 84
  - white hair, 84
- Hardship, habitual faces, 221–222
- Harmony, 55
- Health
  - and beauty, 245–246
  - indicators, 86–87
  - and mortality, 155
- Health monitoring
  - chronological and
    - biological health, 155, 164
  - compassion, 157
  - cultural/societal reality, 155
  - faces of friends, sign in, 157–158
  - facial appearance and health, 159–160
  - frailty, 158–159
  - ill-health and
    - unattractiveness, 156
  - indications of health, 156
  - medicalization of old age, 155
  - pain, 156–157
  - quality of life, 156
  - sense of mortality, 155
  - sheltered accommodation, 156
  - strangers, 157
  - youthful sense of
    - immortality, 156
- Hesitancy, 69
- Hygiene, 57
  - and grooming, 152–153
- Identity, 129–131, 228
- Ill-health and
  - unattractiveness, 156
- Inattentional blindness (IB), 138
- Instant cameras, 38
- Internal disharmony, 77
- Internalized ageism, 136–137
- Interviewees, 3–4
- Invisibility, 21, 44, 138, 140, 142–145
- Jejunity, 200
- Joy and enjoy, 210
- Kids, self-presentation, 11–12
- Legacy of change, 248–249
- Life, habitual faces, 221, 223–224
- Life expectancy, 14–15
- Lifelong relationships and beauty, 215

- Living with mortality  
 approach, 164–167  
 body, 173–174  
 death masks, 183–184  
 death within the family  
   bonus round, 179–180  
   child, 177–178  
   parents, 175–177  
 fragile life, 180–182  
 mirrors, 173  
 photographing the dead,  
   172–173  
 photography and meaning,  
   171–172  
 public death, 182–183  
 time and fear  
   chronology and  
     measuring time,  
     167–168  
   Cold War, 170–171  
   inevitability,  
     chronology, health,  
     and other stories,  
     168–170  
 Longevity, 44–45, 167,  
   232–233  
   and next generation,  
     103–104  
   passion for life, 234  
   revolution, 13–14  
 Looking glass  
   history, 32–33  
   mirror and morality,  
     33–36  
   self-reflection, 32  
 Look of old, 136–138  
 Makeup  
   application, 80, 82  
   beauty work, 49  
   self-care and, 148  
 Maleness, 39–40, 43, 150  
 Male pattern baldness (MPB),  
   115–116  
 Male vanity, 241  
 Manhood, 39–41  
*Marigold Hotel* (film), 30  
 Masculinity, 39–40, 99, 109  
   characterizations, 100  
   clothing and hair, 42, 43  
   contemporary, 43  
   parameters, 150  
   redefining, 40  
 Maturity, 100  
 Media  
   men on appearance,  
     123–126  
   and stereotyping  
     in animation and  
       cartoons, 28–29  
     celebrity culture,  
       30–31  
     consumers, 28  
     in film, 29–30  
     ‘mental pollution,’ 26  
     older people, 26–27  
     old people, 27  
     in print media, 27–28  
   women on appearance,  
     89–92  
 Medicalization of old age,  
   155  
 Men  
   change is inevitable, 41  
   grooming products, 122  
   history, 41–43  
   multiple masculinities,  
     39–40  
   status devaluation, 44  
   on visibility, 141–145  
   work and, 44  
 Men on appearance  
   acceptance or ambivalence,  
     105–107

- compare and contrast, 109–114
- face in mirror, 126–132
- generational connections, 114–115
- hair, 115–119
- interventions, 107–109
- media, 123–126
- movement of time, 101–105
- photo reality, 119–121
- vanity, skin, and care, 121–123
- Mirrors
  - living with mortality, 173
  - men on appearance, 126–132
  - and morality, 33–36
  - women on appearance, 94–96
- Moral affliction, 36
- Moral beauty, 35
- Morality, mirrors and, 33–36
- Mortality, 57–58, 103–104, 155
- Multiple masculinities, 39–40
- Naysayers, 12–13
- Neuroscience and beauty, 53–54
- ‘New athleticism,’ 40
- New York Times*, 30
- Obscure masculine heritage, 40
- Old age, 105
  - medicalization of, 155
  - men, 43–45
  - older people, categories, 27–28
  - people and evolution, 15–16
  - women, 145–150
- Old faces *vs.* young faces, habitual faces, 220–221
- Old is the New Black*, 190
- Old people, 27
- On Beauty*, 59, 212, 230
- Ornamentation, 42
- Pain, health monitoring, 156–157
- Painted portraiture, 37
- Partner’s appearance, 146–147
- Passion for life
  - acceptance and ambivalence, 235–236
  - age and vivid beauty, 229–230
  - age appropriate, 243–244
  - assumption and becoming, 246–247
  - beauty and, 247
  - change and successful aging, 234–235
  - confidence, 238–239
  - corporatism and the media police, 242–243
  - on death and beauty, 231–232
  - error of perception, 230–231
  - gender and vanity, 241–242
  - hair and, 236–237
  - health and beauty, 245–246
  - legacy of change, 248–249
  - longevity, 234
  - more to death, 245
  - photos, 239–240

- relational beauty,
  - 244–245
- time and place, 232–233
- vanity, 240–241
- visibility, 237–238
- wholeness of lifespan, 228
- Personal grooming, 152–153
- Personality traits, 189
- Personal qualities, 189
- Photographic images, 38
- Photographing the dead, 172
- Photography and meaning,
  - 171–172
- Photos
  - acknowledgement of
    - change, 119–120
  - in aging appearance,
    - 119–120
  - aging faces, 72
  - appearance, 71
  - changes in long term, 70
  - comparison, 72
  - difference, 72–73
  - emotional experience, 71
  - likeness, 74–76
  - natural look, 78–79
  - passion for life, 239–240
  - reflections, 71
  - self-presentation, 76
  - sense of continuity,
    - 72–73, 76
  - time as continuity, 76
  - vanity, 76–79
- Physical appearance, 53
- Physical beauty, 35
- Physicality, 13, 39, 233
- Physical mastery, 43
- The Picture of Dorian Gray*
  - (1992), 57
- Plastic/aesthetic surgery, 43
- Pleasing appearance,
  - 147–148
- Polaroid instant cameras, 38
- Portraiture, 37
- Power of self-suggestion, 35
- Presence, 208–210
- Problem generation, 232
- Proportionality, 55
- Psychology of appearance,
  - 189
- Public death, 182–183
- Puritanism, 51
- Quality of life, 156
- Race and ethnicity, 107
- Race and visibility, 143–144
- Racial differences, 86
- Radiance, 205–206
- ‘Real men,’ 40
- Recognition of power, 95
- Red Hat Society, 140
- Reflection of aging
  - moments of reckoning,
    - 68–69
  - progression, 69–70
  - recognition, eyes, comfort,
    - and comparisons,
      - 67–68
  - See also* Aging
- Rejuvenation, 46
- Relational beauty
  - changing priorities,
    - 212–213
  - face you want to return to,
    - 217–219
  - meaning and connection,
    - 213–215
  - passion for life, 244–245
  - shared history, 215–217
- Religious or spiritual beliefs,
  - 170
- Retirement, 44
- Roman mirrors, 32



- Safety and self-protection, 152
- The Second Sex* (2013), 47
- Second-wave feminism, 40
  - scholarship, 46
- Self-acceptance, 43
  - See also* Acceptance
- Self-assessment, 189–190
- Self-assurance, 93
- Self-care, 35, 97, 148–150, 152–155
- Self-confidence, 69
  - and aging, 238–239
  - and identity, 101
- Self-consciousness, 37
- Self-correction and
  - self-adjustment, 230
- Self-identified women, 141
- Selfies, 37–38
- Selfish generation, 232
- Self-knowing reflection, 39
- Self-mastery, 35
- Self-perception, 38
- Self-presentation, 78, 81, 101, 154, 233
- Self-reflection, 32
- Self-styled looks, 233
- Sense of ambivalence, 105
- Sense of continuity, 74, 114, 235–236
- Sense of equanimity, 105
- Sense of gratification, 92
- Sense of identity, 233
- Sense of invisibility, 150
- Sense of mortality, 93, 155
- Sense of presence, 153–155
- Serious face, aging
  - appearance, 117
- Sexual attraction, 147–148
- Sexual excitation, 56
- Sexual interest, 152
- Shared history, relational
  - beauty, 215–217
- Sheltered accommodation, health monitoring, 156
- Silver (gray) market, 28, 30
- Sixties
  - defining, 9–10
  - social rupture, 8–9, 13
- Skin-bleaching, 80
- Skin care
  - creams, 89
  - routine, 89
- Smiles lines, 224
- Social death, 184
- Standard of beauty, 203
- Stereotyping, 28
- Strangers, health monitoring, 157
- Style and kind eyes, 200–202
- Successful aging, 30–31, 235
- Suffragettes, 51
- Surgery and botox
  - aging appearance, acceptance, 66
  - beautification, 67
  - bioplasty or surgery, 66
  - cosmetics use, 67
- Surgical and non-invasive interventions, 107–108
- Surprise and acceptance, 106–107
- Systemic communications theory, 4
- Systems theory and thinking, 4–5
- Systems thinking, 4
- Taste, 5, 58–59, 242–243
- Thinning hair, 84

- Time  
 appearance, 104  
 and fear, 167–168  
   Cold War, 170–171  
   inevitability,  
     chronology, health,  
     and other stories,  
     168–170  
 and history, 16–18  
 and place, 144–145,  
 232–233
- Toxic masculinity, 41
- Upper class, 100
- Vanity  
 gender and, 241–242  
 and men, 121–123, 241  
 passion for life, 240–241  
 photos, 76–79  
 and women, 45
- Victorian death culture, 167
- Visibility  
 gender and, 141  
 men on, 141–145  
 passion for life, 237–238  
 women on, 138–141
- Visual expression, 191
- Visual information, 138
- Vitality, 205, 208
- Vivid beauty, 229–230
- Vogue*, 31
- Ways of Seeing* (1972), 135
- Well turned out women,  
 148–150
- What we know and what we  
 see  
 health monitoring,  
 155–160  
 look of old, 136–138  
 men on visibility, 141–145  
 older women, 145–150  
 women on visibility,  
 138–141  
 women seeing men,  
 150–155
- White hair, 84
- White masculinity, 141
- Wholeness of lifespan, 228
- Women  
 attempt to look younger,  
 150  
 beauty work, 49–50  
 body satisfaction, 48–49  
 context and politics,  
 47–48  
 cosmetics, caring, and  
 morality, 50–52  
 frailty, 45  
 Hygiene and Grooming,  
 151–152  
 perspectives, 45–47  
 vanity and, 45  
 on visibility, 138–141  
 visibility of men, 150–151  
   hygiene and grooming,  
   152–153  
   sense of presence,  
   153–155  
   unattractive and  
   beautiful, 151–152
- Women on appearance  
 acceptance, 65–66  
 age is not just a number,  
 63–65  
 beauty in the eyes of  
 the beholder,  
 62–63  
 confidence, 92–94  
 face in mirror, 94–96  
 facing photos, 70–76  
 hair  
   black hair care, 85–86

- glossy black hair,
  - 82–83
  - white hair, 84
- media influences, 89–92
- not so skin deep, 86–89
- reflection of aging
  - moments of reckoning,
    - 68–69
  - progression, 69–70
  - recognition, eyes,
    - comfort, and
      - comparisons, 67–68
- self-presentation, 62
- surgery and botox, 66–67
- there was never yet fair
  - woman but she
    - made mouths in a
      - glass (Shakespeare),
        - 76–82
- Women's dissatisfaction, 45,
  - 48–49
- Women seeing men,
  - 150–155
- Women's Wear Daily* article,
  - 248
- Workwear look, 42
- Worry, habitual faces, 222
- Wrinkled exotic face, 194
- Wrinkles, 123
- Youth and beauty, 228
- Youthful appearance, 49
- Youthful looking women,
  - 149
- Youthful sense of
  - immortality, 156
- Zest, 205